



The **Character, Achievement,**
and **Leadership** Forum

STAFF AND SPEAKERS

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Dominic Dizon, MD.

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Martin Crnkovich

Director of R&D at Fresenius Medical Care

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Your work is to discover
your work and then,
with all your heart, to give
yourself to it.



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About Garber House and Menlough Study Center: Garber House and Menlough Study Center are dedicated to the academic and character formation of young men. The Christian orientation of their activities is the responsibility of Opus Dei, a personal prelature of the Catholic Church (www.opusdei.org).

For more information, visit www.thecalforum.org or contact Mark Gibson at 925-451-6251 or gibson.mark2@gmail.com.

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The **Character, Achievement,**
and **Leadership** Forum



**A monthly summit
of high school
student leaders in
the Bay Area**

Sponsored by Garber House and Menlough Study Center

What is high school really about? Becoming popular? Winning athletic competitions? Looking smart? Not really. What matters most is character. Character endures long after these others have faded away.

The CAL Forum helps young men grow in character. It prepares them to discover a professional mission in life that is well adapted to their individual talents and will enable them to have an enduring positive impact on their family, friends, and society at large.



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THE PROFESSIONAL SEMINAR

(for Juniors and Seniors)

High school is the time to begin thinking about career interests. Your interests will affect the college and the major you choose. It is also the time to develop the habits of effective speaking and critical thinking that are essential for success in college and the workplace. Each session includes a professional guest speaker, a personal growth activity and a seminar on college intellectual life called “Filling the Gaps”. The topics of this seminar are listed below:

DATE	FILLING THE GAPS SEMINAR
Sept. 21	Introduction to the Big Questions
Oct. 19	Relativism and Truth
Nov. 16	Soul and Spirit
Dec. 7	Evolution
Jan. 18	Authority and Freedom
Feb. 22	Moral Law and Conscience
Mar. 15	Secular Humanism
Apr. 26	Credibility of the New Testament
May 17	Human Rights, Individualism & Libertarianism

THE BIG PICTURE SEMINAR

(for Freshmen and Sophomores)

Students need to establish the right priorities early in high school. Each topic is examined first in a short talk and then studied interactively in a “break-out” session:

DATE	TOPIC COVERED
Sept. 21	Making the most of high school
Oct. 19	Studying for success
Nov. 16	Aiming high for college; the college application process
Dec. 7	Character and maturity
Jan. 18	Career considerations
Feb. 22	Choosing extracurricular activities and summer jobs
Mar. 15	Culture: The world of books
Apr. 26	True manliness
May 17	What makes you happy?

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MENTORING

Each student is assigned a mentor who will meet individually with him between the monthly sessions. The mentor will help the student make practical goals based on the material presented in the seminars. Mentoring sessions last 45 minutes and will take place at Garber House or Menlough Study Center, or when these locations are not feasible, by phone.

APPLY ONLINE

Please apply online at www.thecalforum.org

Application deadline: September 1, 2013

The cost of the program is \$330

Financial considerations should not prevent anyone from attending. A scholarship may be requested.

Checks should be payable to “Berkland Foundation” and sent to the following address:

Berkland Foundation
1827 Oxford St., #1
Berkeley, CA 94709

LOCATION AND TIMES

These seminars take place at 1827 Oxford St., Berkeley, CA, 94709, on the corner of Hearst and Oxford.

Garber House is 4 blocks from the Downtown Berkeley BART Station.

The seminars begin at 2:00 p.m. and end at 4:30 p.m.

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